

# Elementary Menu - HPE/GWF

## November 2020

### DAILY OFFERINGS

Choice/Alternate Sandwich  
Garden Salad  
Peanut Butter & Jelly  
Assorted Fresh Fruit  
Assorted Canned Fruit  
Fresh Carrots & Celery  
Assorted Fresh NYS Milk

### Meal Pattern Compliance

All lunches include 5 components; Meat/Meat Alternate, Fruit, Vegetable, Dairy, Grain. Students must take at least 3 of the 5 and are entitled to all 5 if they choose. Fruit/vegetable must be one of the choices selected

### DAILY BREAKFAST OFFERINGS

Assorted Cereals  
Fresh Fruit/Fruit Juice  
Yogurt  
String Cheese  
Assorted Fresh NYS Milk

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3	4	5	6
<b>CHICKEN NUGGETS</b>  Steamy Rice Broccoli Florets <u>Breakfast</u> Egg Omelet	<b>CHICKEN NUGGETS</b>  Steamy Rice Broccoli Florets <u>Breakfast</u> Egg Omelet	<b>PIZZA DAY</b>  Plain/Garlic/Pepperoni Vegetarian Baked Beans Diced Pears <u>Breakfast</u> Pancake on a Stick	<b>PIZZA DAY</b>  Plain/Garlic/Pepperoni Vegetarian Baked Beans Fruit Mix <u>Breakfast</u> Pancake on a Stick	<i>No Cafeteria Remote only</i>  PARENT/TEACHER CONFERENCES
9	10	11	12	13
<b>CHEESEBURGER ON A BUN</b>  Vegetarian Baked Beans Diced Peaches <u>Breakfast</u> Chocolate Chip Muffin	<b>CHEESEBURGER ON A BUN</b>  Vegetarian Baked Beans Diced Peaches <u>Breakfast</u> Chocolate Chip Muffin	<b>NO SCHOOL</b>  	<b>PIZZA CRUNCHERS</b>  Crazy Carrot Coins Applesauce <u>Breakfast</u> Mini Pancakes	<i>No Cafeteria Remote only</i>  PARENT/TEACHER CONFERENCES
16	17	18	19	20
<b>GRILLED CHEESE ON CIABATTA</b>  Jolly Green Beans Diced Peaches <u>Breakfast</u> Mini Cinni's	<b>GRILLED CHEESE ON CIABATTA</b>  Vegetarian Baked Beans Diced Pears <u>Breakfast</u> Mini Cinni's	<b>NO LUNCH</b> 11:00am Dismissal PARENT/TEACHER CONFERENCES  <u>Breakfast</u> Pancake on a Stick	<b>TURKEY DINNER DAY!</b>  Whole Kernel Corn Mashed Potatoes Gravy! <u>Breakfast</u> Pancake on a Stick	<i>No Cafeteria Remote only</i>
23	24	25	26	27
<b>MOZZARELLA STICKS</b>  Jolly Green Beans Diced Peaches <u>Breakfast</u> Blueberry Muffin	<b>MOZZARELLA STICKS</b>  Jolly Green Beans Diced Peaches <u>Breakfast</u> Blueberry Muffin	<b>THANKSGIVING BREAK - NO SCHOOL</b>    		
30	GREAT NEWS! The USDA has extended the waiver allowing meals to be free for ALL STUDENTS! The waiver is now good for the entire school year!  *You may notice repeating menu items. They repeat to accommodate different attendance schedules.			<u>Choice/Alternate Sandwich Days</u>  Mon: Tuna/Cheese Tue: Bologna/Cheese Wed: Turkey/Cheese Thu: Ham/Cheese